

Stephan B Poulter PhD

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PROFILE

Doctor of Clinical Psychologist and Founder with proven expertise in evidence-based therapeutic interventions. Committed to fostering long-term therapeutic relationships and enhancing service satisfaction, I bring a strong ability to implement innovative solutions that improve mental health care accessibility and effectiveness.

WORK EXPERIENCE

Clinical Director, Founder Sunset Psychotherapy Group

- Established and managed a private practice for over 30 years focusing on evidence-based therapeutic interventions for diverse clientele, including children, adults, and families with an emphasis on father-son relationships. Developed comprehensive treatment plans and conducted psychological assessments to address a variety of mental health issues.

Clinical Director Huntington Beach Addiction Treatment Center

- Developed, implemented, and maintained effective clinical programs and services for addiction treatment.
- Supervised and provided leadership to clinical staff, ensuring adherence to healthcare regulations and standards.
- Collaborated with healthcare professionals to create comprehensive care plans for patients.

Director Glendale Family Services United Way

Director of adolescent programs.

Law Enforcement Officer Los Angeles Police Department

- Valor for Act of Bravery
- Verdugo Hills Hospital Substance Abuse Committee

PROFESSIONAL MEMBERSHIPS

American Psychological Association
California Psychological Association
Los Angeles County Psychological Association
American Society of Group Psychotherapy and Psychologists

PUBLICATIONS

03/2024

Modern Masculinity
Prometheus
13: 9781633889422

06/2019

The Shame Factor - Heal Your Deepest Fears and Set Yourself Free
Prometheus
1633885224

07/2016

Art of Successful Failure
Balboa Press
150435415X

07/2009

Your Ex-Factor- Overcoming Heartbreak and Building a Better Life
Prometheus
9781591027249

03/2008

The Mother Factor-How Your Mother's Emotional Legacy Impacts Your Relationships
Prometheus
978-1591026075

05/2006

The Father Factor-How Your Father's Legacy Impacts Your Career
Prometheus
978-1-59102-410-1

04/2004

Father Your Son: How to Become the Father You've Always Wanted to Be
McGraw-Hill
0071417133

Handbook of Adolescent Treatment
Harvard Press

PROJECTS

Leader/Educator
Manhattan Beach Unified School District

Guest Educator
Parent Center - Melrose Ave
Parenting and adolescent issues.

Instructor
UCLA Extension Division
Mother-daughter and father-son issues and their impact on the family.

Co-host
Sony Pictures
"Love Hurts" TV Pilot

SKILLS

Child custody specialist & expert witness

■ Professional

Expert in adolescent chemical dependency issues

■ Professional

Winchester Adult Intelligence Scale - Revised (WAIS-R)

■ Professional

Bender-Visual Motor Gestalt Test

■ Professional

House Tree Person Projective Drawings

■ Professional

Expert witness for brain trauma and related neurological issues

■ Professional

Advanced training in the administration and interpretation of the Minnesota Multiphase Personality Inventory (MMPI-2)

■ Professional

Rorschach, Millon Clinical Multitaxial Inventory (MCMI)

■ Professional

Millon Adolescent Personality Inventory (MAPI)

■ Professional

Hypnosis expert and practitioner for test, performance and smoking anxiety

■ Professional

EDUCATION

Psychology | PhD
Chicago School Psychology

Adult Psychological & Spiritual Development | Masters of Art
Fuller Theological Seminary

Business Administration | Bachelor of Science
University of Southern California

Drug Recognition & Symptomatology
US Department of Transportation